

NOTES FOR ENCLOSED VIDEO TRAILERS BY LYNN SERAFINN

Also located at You Tube Channel: www.youtube.com/gardenofthesoul

PROMO VIDEO 1: The Garden Of The Soul: a book by Lynn Serafinn

Also viewable online at: <http://www.youtube.com/watch?v=BB2TjSangR8>

DESCRIPTION:

Book trailer for "The Garden of the Soul: lessons from four flowers that unearth the Self". Description of the book narrated by the author, with stunning photography by Bruce Morse and compelling electro soundtrack by Overlords of the UFO (one of the author's former bands).

VIDEO PRODUCTION NOTES:

Video and Photography by Bruce Morse: <http://bruce-morse-gallery-of-dreams.com/>
Music by Overlords of the UFO (website currently unavailable)

PROMO VIDEO 2: "Song of the Rose" from the book *The Garden of the Soul* by Lynn Serafinn

Also viewable online at: <http://www.youtube.com/watch?v=4EVJ6CqDhQ8>

DESCRIPTION:

Excerpt from the book "The Garden of the Soul: lessons from four flowers that unearth the Self" by Lynn Serafinn, as read by the author. While this substantial 404 page work is comprised primarily of narrative stories, each section of the book begins with a poem or "song" sung by one of the four flowers. This "song" is called "Song of the Rose: Maysong." The Rose is the teacher of the "Principle of Giving", which encompasses attributes such as passion, self-expression, boldness and life purpose. The Song of the Rose gives you a glimpse into the sensual undertones of the teachings of the Rose, who later takes the author on a journey through the stories of her own life, to explore her own connection to the many colours of passion, from the sacred to the profane. Set to an uplifting instrumental soundscape by London-based band Bleep Test, and illustrated with brilliantly captivating nature photography by Sheila Finkelstein, Lynn's uniquely lyrical and rhythmic approach to reciting poetry evokes an understanding within the listener that goes far beyond the mere meanings of the words.

VIDEO PRODUCTION NOTES:

- Video, audio mix, poem and spoken word copyright 2009 Lynn Serafinn, www.give-receive-become-be.com
- Photography by Sheila Finkelstein, www.sheilafinkelstein.com
- Song "Tilted" by Bleep Test, www.myspace.com/bleeptestmusic

ABOUT THE BOOK:

- **Title:** The Garden of the Soul: lessons from four flowers that unearth the Self
- **Author:** Lynn Serafinn
- **Publisher:** Bright Pen Books
- **ISBN13:** 9780755211265
- **ASIN:** 075521126X

FIND THIS BOOK ON AMAZON:

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<http://www.give-receive-become-be.com>